

Flagler ALR Chapter 115



Flagler American Legion Auxiliary Unit 115



Flagler American Legion Post 115 Serving Flagler's Veterans since 1937



Flagler Sons of the American Legion Squadron 115

MAR - APR 2025 Editor: Gary M Owens

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Legion Krier

NEXT POST MEETING MONDAY JANUARY 3rd at the CITY OF PALM **COAST SOUTHERN RECREATION CENTER –** *1290 BELLE TERRE* PKWY – BEHIND FIRE **STA. 25**

Meeting starts 6pm -1800 - PROMPTLY so be early.

COMMANDER'S COLUMN

Fellow Legionnaires,

There's a proverbial Chinese saying, many say it's a curse, that goes: "May you live in interesting times." I think most everyone would agree that we are living in "interesting times." And to top it off, we. Post 115, have to find a new meeting place. So, starting next month (March) we will meet Palm Coast's Southern at Recreation Center at 1290 Belle Terre Parkway. It's a beautiful

new facility and is smoke free. Come check it out at our March 3rd meeting! One note of caution: Traffic on Belle Terre can be heavy so if you approach from the North, you may want to continue south past the entrance and Uturn at the next light. Be safe,

It is my opinion that if our Post is to survive and have a future, it is vital that we have: 1) Our own home; and 2) more member involvement. Consequently, I am standing up the building committee and supporting budget changes for next fiscal year. If you have experience, skills, or interest in helping or serving on the building committee, please contact me.

Speaking of member involvement, if you'd like to get involved, please come to a meeting and talk to us. Areas of interest include fundraising, planning, community event outreach, youth programs, and public veteran support, affairs. This is not a complete list so if you have an idea of something that would benefit our post and its mission, - Supporting our 4 Pillars – Veterans Affairs & Rehab, National Security,

Americanism, and Children & Youth, then please come to a meeting and talk to us.

Post elections are coming up. Consider taking a leadership position.

Please, get involved, be part of something bigger than yourself, be an agent of change in interesting times.

Be the ONE. For God & Country, Paul W Werner, Cdr. Post 115

BEACH HAVEN COMMUNITY HOA FLAG DEDICATION FEB 17, 2025



Adj. Owens, Cdr. Werner, MCL 876 Frank Arce Feb 17, 2025



ADJUTANTS CORNER

Hello to our Post 115 Family! Saturday March 1st you'll find our ALR Riders Chapter and SAL Squadron tending to our Post 115 Membership Tent promoting and recruiting our Post – American Legion, ALR, SAL, and AUX.

This is the **SpringFest 2025** sponsored by the Palm Coast – Flagler Regional Chamber of Commerce happening @ *Joanne B King Park, 300 Citrus St in Bunnell, 10am – 5pm* – free to the public with music, entertainment, Pet Parade, vendors, food, and beverages.



Our next meeting – March 3 – will be held at a new location – the <u>City of Palm Coast</u> <u>Southern Recreation Center</u> – a new, clean, smoke-free environment.

We'll be meeting here for the foreseeable future while also beginning to earnestly search for our own home!

If you know of a building that may be available for us to lease, please pass along the info to the E-Board. It's time for us to have a permanent home and be able to serve our Post and community even more.

The planning for our 5th Annual Charity Golf Tournament has begun. The date for this year's tourney is Saturday October 4 and will again be held at Palm Harbor Golf Club here in town.

The planning is also on for the joint Memorial Day community picnic that will be held at the VFW Post 8696 – Post 115, VFW 8696, DAV 86, and Marine Corps League Det. 876 will be co-sponsors.

This year's American Legion National Convention will be held in Tampa August 22 - 28 and all members are welcome to attend.

Check the AL website - www.legion.org/get-involved/meetings/national-convention-calendar-information

If there are things you'd like to see done at our Post, please speak up – we're always looking for ways to better serve the membership and community.

See you on the 3rd!

Best, Gary Owens, Post Adjutant

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Be sure to listen to VETERANS
ON POINT radio broadcasts on
WNZF 94.9 FM aired on

Sundays 0930

www.MyLegion.org
Register yourself on the
MyLegion.org website!
This will be needed for your
future renewals so please be
sure to sign up and create
your username and
password!
Help is available from
Adjutant Owens.

SAL SQUADRON 115

SAL Squadron 115 has met their membership goal!
The Squadron is beginning a fundraising drive with a raffle and other games of chance at various locations in the area.
They are also planning several outings to public events to increase awareness of The Sons of The American Legion.
Plans also for a soon-to-come BBQ for the Squadron.

SQUADRON 115 OFFICERS

Cdr. Card 949-395-2578 Adj. Campbell 352-727-0822 sal@flaglerpost115.org

AUXILIARY UNIT 115

We have had a great January and will have a great February and we're looking forward to March. We have our delegate and our alternate for Girls State 2025 from Flagler Palm Coast High School and we have put in for another delegate hopefully our over "quota person. We had no one from Matanzas High School and next year we will remedy that.

We have had three new ladies join our group and we're hoping for more. We got a pat on the back for increasing our membership from District. Our Bakeless Bake sale letters will be going out in a few weeks, and we hope to get a great response.

At our last meeting, Feb 6, our guest speaker was Gary Owens. He informed us of the move and that the Auxiliary will be putting more effort into our Fund Raising to help find a new home for the American Legion.

Our next auxiliary meeting for Unit 115 will be March 6 at IHOP Island Walk at noon. We invite all interested people who would like to attend our meeting and find out what we're all about.

Have a great day, Sally Hayes, President American Legion Auxiliary Unit 115 UNIT OFFICERS

Pres. Sally Hayes 386-503-0049 Sect. Karen Marks 732-857-6923 Fin. Karen Smith 386-445-5346 Mem. Dagmar Lockwitch 386-225-0901

BETTONE

On the first day of every month, The American Legion distributes content related to its primary focus, reducing the number of veterans lost to suicide. Each newsletter includes inspirational stories, updated resources, a challenge and more.

https://www.legion.org/newsletters

The American Legion PREAMBLE

For God and Country, we associate ourselves together for the following purpose:
To uphold and defend the constitution of the United States of America; To maintain law and order; To foster and perpetuate a one hundred percent Americanism; To preserve the memories and incidents of our associations in all wars; To inculcate a sense of individual obligation to the community, state and nation; To combat the autocracy of both the classes and

master of might; To promote

peace and goodwill on earth;

the masses;

To make right the

To safeguard and transmit to posterity the principles of justice, freedom and democracy; To consecrate and sanctify our comradeship by our devotion to mutual helpfulness.

FROM OUR GRASSROOTS NEWSLETTER

We are asking Legionnaires to contact Congress to request support for the Major Richard Star Act! This act aims to allow combat-injured veterans to receive both their earned retirement pay and disability compensation without offset. The American Legion supports this legislation, and we appreciate all the emails you have sent so far. Go to the Action Center to quickly email a letter of support to your members of Congress.

CALENDAR OF UPCOMING EVENTS

MAR 2025
SAT MAR 1 – ALR CHAPTER
115 MEETING @ AMEVETS
1000
FLAGLER PALM COAST
CHAMBER OF COMMERCE
SPRINGFEST 2025 JOANNE B
KING PARK 10AM – 5PM 300
CITRUS ST BUNNELL
MON 3 MAR – POST 115
MEETING @ P/C SO REC CTR
1800
THU 20 MAR – POST 115
EXEC MEETING @ IHOP 1800
- DINNER 1700

APR 2025 APR 1 – 30 – DEPT OF FL ALR ROUND ROBIN SAT 5 APRIL – ALR
CHAPTER 115 MEETING @
AMVETS 1000
- Also – 17th DISTRICT
PICNIC
POST 270 PORT ORANGE –
1400 – 1700
MON APR 7 – POST 115
MEETING @ P/C SO REC CTR
1800
THE 8 APRIL – IN-STATE

TUE 8 APRIL – IN-STATE UNITY RIDE LUNCH @ BEACHFRONT GRILLE – 1130

THU 17 APR – POST 115 EXEC MEETING @ IHOP 1800 – DINNER 1700

WELCOME NEW AND TRANSFER MEMBERS

Josh Lemanski USAF, Jack Fawcett, Ron Allard USAF, Mary Ring USN.

CHAPLAIN'S CORNER:

"What is the Difference Between Happiness and Joy?"

Do we need to experience happiness before we can feel joy? How long does happiness and joy last? Happiness seems to have a short-term life. When we stop feeling happy, we pursue the next thing that we hope will once again make us happy.

Look at your own life.
Remember the times when you were happy. How long did this happiness last? What did it depend upon? Happiness seems to be something we seek on the outside: a raise or promotion at work, an unexpected gift from a friend, a one-week vacation.

Now, think about the times when you were overcome with joy.

Your body tingled with

excitement for life, the present moment was enough, it was perfect. You had a love for life that was not external but came from within. What did this inner joy depend upon? Did it have staying power, or did it drift away despite your best efforts to cling to it.

We begin to realize that there is a difference between happiness and joy. Happiness is short term. Joy is here, and it is now. Joy does not leave us. It is the ground on which we stand, walk, and move forward on in life. Where Does This Joy Come From?

Joy seems to surface during both relationship and connections. I have discovered that joy is in a friend that I can call when I need to talk, my spouse who I drink French press coffee with while we quietly watch our favorite TV show, when I walk and soak in the warm sun, the trees, the blue sky, the sounds of birds, the wave from a neighbor, while I sit at the table with my family, share a meal and we talk, laugh, and enjoy each other's company.

What does joy gift us with? Joy is powerful. Joy fills us with life, confidence, excitement, love, energy, power! This joy is longterm, lasting, eternal! Joy grounds us, is always with us, sustains us, and provides us with life-giving power.

Have you been in the presence of someone who radiates joy? They are pleasant to be with. They attract people. People gravitate to them. They carry an inner peace and confidence whether their environment is calm or

chaotic. We want what they

have. How do we access this

same inner joy? Where does it

come from? It reminds me of when I sat next to someone at a one-day retreat. She radiated joy. She glowed. I could feel her inner peace, and confidence. I wanted to sit, bathe, and bask in her presence as long as possible.

I wanted what she had!
How Do We Obtain This Joy?
Joy is the fruit of a connection and a relationship with the source of all joy. What is the source of all joy? The large Joy:
God. Joy brings forth transformation and healing.
Joy is not pursue; Joy is a fruit of prayer. Prayer is the most important part of my day.

We prayerfully sit in silence because we love God. We come with no expectations, yet God graces us with inner joy as we let go of the barriers to this inner joy. What are these barriers? I hear people tell me they include fear, anxiety, loneliness, lack of confidence, and worry. The paradox is when we open to God, we receive Joy! "Joy from a spiritual point of view then, is more than happiness, and happiness is more than pleasure. Pleasure is in the body. Happiness is in the mind and feelings, if you will, but joy is a deeper reality subsiding in the heart, the spirit, and the center of who we are." Joy is the very ground of our being! It is given to us by Being. We can open to joy within, let it out, carry us forward, sustain us. We can access this inner joy despite the outer chaos and stress. Joy is wordless. We can live from joy when we let go of our words and bask in this wonderful life with which God has graced us. When asked to describe our joy, we often are

without words. It just is, and we know it.

POST EVERLASTING

Arlie Johnson Kenneth Klinkenberg Sheldon Reichard John Russell

SICK CALL

John Johnson, Helen Johnson, Bina Leahy, Ted Listing, Donna Gregory, Jeremy Holt, Jim Muskopf, Vinnie Rafael, Bill Haseltine

Please keep these members in your prayers.

Blessings and peace, Chaplain Ophelia Beier For God and Country



Ophelia Beier, Chaplain Post 115

NEW MEMBER VIDEO

American Legion Membership & Post Activities Committee Chairman Matt Jabaut hosts a new-member orientation video that provides a clear understanding of the nation's largest veterans organization and what the Legion does to strengthen America.

The video is ideal for new or potential members. You can find the video at this link www.vimeo.com/americanlegion on the Legion's Vimeo channel.

ALR CHAPTER 115

ALR Chapter 115 is still meeting at the Amvets 113 post on the 1st Saturday each month at 10am. We have 38 members and enjoy getting together for "wind therapy" as often as possible. One of the major charities that we support is the FL Sheriffs Youth Ranches program. We visited the ranch in Live Oak as well as Pierson. The FL ALR In-State Unity ride will be held April 6 - 12 with 3different routes across the state and all ending in Clearwater on the 12th with a rally at OCC Choppers. This ride raises money and awareness for veteran suicide prevention and our Project VetRelief in the State. Last year over \$250,000 was raised during the week's ride. Our Chapter will be hosting a lunch stop at the Beach Front Grille on Tue. Apr. 8th and

Pillars.
Until next time, keep the shiny side up and the oily side down!

expecting around 50 bikes.

We are available for parades,

funeral services, and any other

way that we can support the 4

Tod Rothenberger Chapter 115 Director



ALR 115 and Post 115 Color Guard Martin Luther King Bunnell Parade Sat. Jan. 18

FLAGLER COUNTY VETERANS SERVICE

The Flagler County Veterans Services department offers a professional resource to all members of the armed forces of the United States - former, present, and future - including those with service-connected and non-service-connected disabilities.

These services include:

Aiding veterans obtain VA benefits for service-connected disability compensation, non-service-connected pension, and home loan guaranty benefits. Assisting surviving spouses, children, and parents of deceased service members and veterans with obtaining death benefits such as a burial plot in a national cemetery, reimbursed burial allowances, government grave marker or headstone, government life insurance proceeds and other survivor benefits.

Assisting eligible veterans with obtaining VA health benefits such as outpatient services, inpatient hospital care, and long-term care to promote, preserve, and restore veterans' health. Assisting veterans obtain exemption certification for property taxes.

Assisting veterans obtain available benefits from the state. Providing veterans' advocacy.

For information contact: DAVID LYDON or ERIC FLORES-FEBLES 386-313-4014

COMMEMORATIVE BRICKS



AMERICAN LEGION POST 115 PLAQUE @ PALM COAST HEROES PARK

Bricks are still available for purchase and placement at the park, \$35 each. Contact Adj. Owens to obtain an order form. Dedicate a brick to yourself, a family member, perhaps a lost comrade-in-arms. The area is a very peaceful spot within the park.

THE POWER OF LOYALTY

Loyalty is a strong feeling of support—a steadfast faithfulness that remains firm even in the face of temptation to renounce, desert, or betray. In the military, we are taught to be loyal to one another, standing together and supporting each other in battle. As members of The American Legion, we must uphold that same loyalty to those who lead us, even when we may not fully agree with their direction. We were the ones who chose them as our leaders, and therefore, we must be loyal to them and support their endeavors. Only through loyalty can we achieve true success.

- 8 Things Loyal People Do:
- 1. They show up—not just during the good times but also through the bad times.
- 2. They communicate openly.
- 3. They respect boundaries.
- 4. They remain consistent.
- 5. They forgive and ask for forgiveness.
- 6. They support their leader's dreams and aspirations
- 7. They prioritize their leader's goals as if they were their own.
- 8. They choose to follow their leaders every day.

 If we commit to these principles, success will follow in everything we do. Loyalty is the foundation of unity, strength, and achievement.

POST 115 GOLOR GUARD

Your Post 115 Color Guard also serves as an Honor Guard and has been tasked many times to stand watch during services for a veteran that has passed.

The Color Guard also has a Rifle Squad that has served at events or services in both Palm Coast and Flagler Beach. ALR Chapter 115 also provides a Flag Line for memorial and burial services as well as motorcycle escort for a veteran's service.

They are always looking "for a few good men" to help fill their ranks.

They are out in the community serving where they can with pride representing Flagler Post

GRASSROOTS NOTICES

Register for Action Alerts today at

www.votervoice.net/AmericanLe gion/Register

PROJECT VETRELIEF

Project VetRelief is a non-profit organization under the American Legion, Department of Florida. We are the only Department with a program of this kind. Post 115 is proud to be a partner in this mission and we also have budgeted for our own Veteran Relief funding for local veterans.

www.projectvetrelief.org



ALR Chapter 115

Flagler American Legion Post 115, Inc. P.O. Box 1731 Bunnell, FL 32110 – 1731

Nonprofit Org. U.S. Postage Paid Palm Coast FL Permit NO 140

DELIVER TO:



WOULD YOU BE WILLING TO HELP LESSEN KRIER COSTS BY SUBSCRIBING VIA EMAIL?

KRIER BOOSTERS

02/21	02/31	Frank & Helena Boone
06/24	06/25	Shirley Bump
06/21	06/26	Bryant& Brenda Thorpe
10/21	10/26	Carl & Era Bertoch
02/23	02/25	Bev & Ron Kecskes
06/23	06/25	Ken & Do Wall
06/20	06/25	James Canfield
12/20	12/25	David & Catherine Hammond
10/23	10/27	Gary & Kathy Owens
10/18	10/24	Joe & Di Pepin
10/19	10/24	John C Clark
10/21	10/28	Ron & Lenora Dean

YOU'D GET A COLOR VERSION RATHER THAN THE PRINTED BLACK & WHITE

Please email adjutant@FlaglerPost115.org to be added to the email list

)2/20	02/25	Joe & Bina Leahy		
1/24	04/26	Mary Beck		
)/23	10/24	Bill Klinkenberg		
1/24	04/26	Jim Boyd		
1/24	04/26	RJ & Donna Card		
3/24	08/26	Jim Farrell		
3/25	03/26	Francis Devine		
	Name	oster Donation Form		
	Name			
	Start Date of Donation			
	Period Covered	(1 or more years)		